

Thinking Mind, Reptilian Brain

ASK

The host agency
about travel or
babysitting support

FREE

Learning and
development

This workshop explores the importance of being in 'thinking mind' mode when the children you care for are struggling.

In doing so, Carers can accurately assess what is happening in the internal world of the child or young person at that moment, and respond in ways that will assist to reduce trauma and feelings of low self esteem.

Practical interventions will be discussed and demonstrated.

WHEN

Monday February 25 2019
Training: 9:00am–3:00pm

WHERE

St Luke's Anglicare
10 Mundy St
Bendigo VIC 3550

HOSTED BY

Anglicare
(03) 5434 3922

PRESENTED BY

Australian Childhood Trauma
Group



TO BOOK

www.carerkafe.org.au
info@carerkafe.org.au
(03) 9416 4292