

# Thinking Mind, Reptilian Brain

## ASK

The host agency  
about travel or  
babysitting support

## FREE

Learning and  
development

This workshop explores the importance of being in 'thinking mind' mode when the children you care for are struggling.

In doing so, Carers can accurately assess what is happening in the internal world of the child or young person at that moment, and respond in ways that will assist to reduce trauma and feelings of low self esteem.

Practical interventions will be discussed and demonstrated.

## WHEN

Saturday August 24 2019  
Training: 9:00am–3:00pm

## WHERE

Berry Street  
677 The Boulevard  
Eaglemont VIC 3084

## HOSTED BY

Berry Street  
(03) 9450 4700

## PRESENTED BY

Australian Childhood Trauma  
Group



## TO BOOK

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