



. Start



At the cutting edge

Self-harming behaviours, understanding why & what to do



Presented by: Gregory Nicolau
Friday, 13 September 2013

Self-harming behaviours can be extremely confronting to workers and carers. One can be left with very mixed feelings including powerlessness. Understanding the reasons why traumatised children and young people wish to harm themselves and how to respond, will ultimately promote change and healing. For such children and young people, an understanding adult who is responsive rather than reactive can be life changing.

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ONLINE NOW**
theactgroup.com.au

The objectives of this seminar are:

- To explore the reasons why children and young people who have been abused engage in self-harming behaviours, including cutting
- To understand how feelings can be expressed or repressed, internalised or externalised
- To learn how to develop a therapeutic environment in foster, kinship, permanent and residential care
- To explore effective behaviour management and safety plans
- To develop practical strategies to work with children and young people who hurt themselves
- To reflect on your own responses to children and young people who engage in self-harming behaviours.

Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Teachers / teacher's aide
- Student welfare / wellbeing professionals



Gregory Nicolau is the CEO and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for children and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.



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Friday, 13 September 2013

9.30am
Registration

10am - 1pm
Seminar

VENUE

Edgar Lynch Training & Meeting Rooms
3 St David Street, Fitzroy 3065

COST

Workers: \$100+GST
Carers / Full-time Students: \$85+GST
Refreshments, morning tea & notes provided

PAYMENT OPTIONS

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group"
BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

Please provide remittance

RSVP

By Friday 6 September 2013. Please register via our website (preferred) or complete registration form and post/fax.
Cancellations must be received no later than 5pm, Friday 6 September 2013.

Places are limited so please register early to avoid missing out!

Buy 5 tickets and get your 6th ticket FREE*. Buy 10 tickets and get your 11th, 12th & 13th tickets FREE*

* This offer is only redeemable by contacting ACT Group office on (03) 9415 6066 & tickets must be purchased on the same occasion in one transaction. See website for full terms and conditions

Complete this form for manual registration

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:
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