



MAD, BAD OR SAD? A Pathway to Healing

Presented by Gregory Nicolau

Friday 1 March 2013



It's conclusive – childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'.

The objectives of this seminar are:

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

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Gregory Nicolau is the CEO and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for children and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.



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Friday 1 March 2013

9.30am
Registration

10.00am - 4.00pm
Seminar

VENUE
Edgar-Lynch
Training & Meeting Rooms
3 St David Street
Fitzroy 3065

COST

Workers: \$195+GST
Carers / Full-time Students: \$180+GST

Refreshments, morning tea, lunch
& notes provided

PAYMENT OPTIONS

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group"
BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

Please provide remittance

RSVP

By Friday 22 February 2013. Please register via our website (preferred) or complete registration form and post/fax.

Cancellations must be received no later than 5pm, Friday 22 February 2013.

Places are limited so please register early to avoid missing out



Buy 5 tickets and get your 6th ticket FREE*. Buy 10 tickets and get your 11th, 12th & 13th tickets FREE*

* This offer is only redeemable by contacting ACT Group office on (03) 9415 6066 & tickets must be purchased on the same occasion in one transaction. See website for full terms and conditions

Complete this form for manual registration

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:

info@theactgroup.com.au

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