



Changing the Picture

Changing the Picture: Arts therapy and Neuroplasticity Presented by Mary Utter | Friday 22 May 2015

The brain is adaptable and dynamic when provided the experiences to change and grow. In this workshop learn how to create and strengthen neuropathways by using arts therapy techniques to assist yourself and others to re-wire the brain. Participants will participate in arts therapy directives that help create new ways of feeling, thinking and doing.

The objectives of this seminar are to:

- To understand the principals of neuroplasticity
- To understand the effects of stress and unresolved traumatic experiences on the brain
- To understand the principals of arts therapy
- To experience and practice arts therapy techniques
- To apply arts therapy techniques to enhance neuroplasticity for others and oneself

Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

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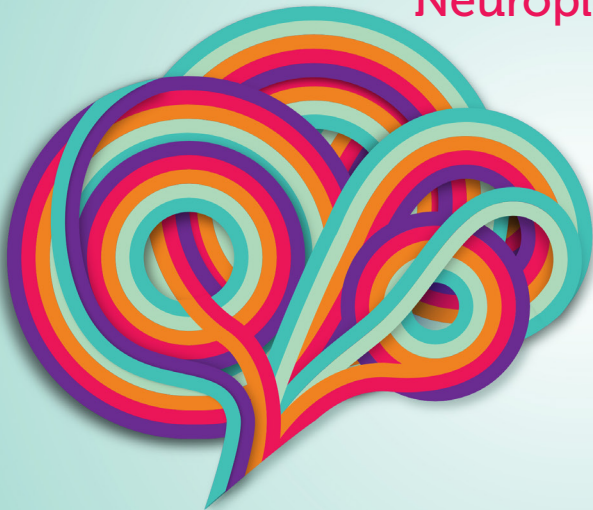


Mary Utter is a registered Art Therapist in, Australia, New Zealand (AThR) and, the United States of America (ATR). Having worked in Australia, USA and Samoa for 15 years Mary has a broad range of experience. The primary focus of Mary's work has been as a trauma specialist with children, young people, adults and families from a wide variety of cultures and communities. Mary is known for her exceptional skills in engaging vulnerable clients through the therapeutic process and supporting the professionals involved through reflective practice to achieve meaningful change. Given Mary's experience of; working with children and young people in out of home care, family conflict and family violence, education settings, and the refugee experience she brings valuable experience to her current role as Art Therapist/Consultant at Australian Childhood Trauma Group.

SEMINAR

HALF DAY

Changing the Picture: Arts therapy and Neuroplasticity



Friday 22 May, 2015

9.30am
Registration

10.00am - 1.00pm
Seminar

LOCATION

Treacy Centre
126 The Avenue
Parkville VIC 3052

COST

Workers: \$100+GST
Carers / Full-time Students: \$85+GST

Refreshments, morning tea & notes provided

PAYMENT OPTIONS

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

Please provide remittance

RSVP

By Wednesday 13 May, 2015.
Please register via our website (preferred) or complete registration form and post/fax
Cancellations must be received no later than 5pm, Wednesday 6 May, 2015

Places are limited so please register early to avoid missing out

**Buy 5 tickets and get your 6th ticket FREE*.
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* This offer is only redeemable by contacting ACT Group office on (03) 9415 6066 & tickets must be purchased on the same occasion in one transaction. See website for full terms and conditions



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Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:

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