



MAD, BAD OR SAD? A Pathway to Healing

Presented by Nick Grainger

Wednesday 8 October 2014



It's conclusive – childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'.

The objectives of this seminar are:

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

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Nick Grainger has a 10-year background of working with children, young people and families within the out of home care sector. Nick has considerable experience working with vulnerable and high-risk children and young people in residential and educational settings and is recognised for his calm and compassionate approach. Nick has a particular interest in the educating and skilling of people.



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Wednesday 8 October 2014

9.30am
Registration

10.00am - 4.00pm
Seminar

VENUE
Treacy Centre
126 The Avenue
Parkville VIC 3052

COST

Workers: \$195+GST
Carers / Full-time Students: \$180+GST

Refreshments, morning tea, lunch & notes provided

PAYMENT OPTIONS

- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group" BSB: 083 218 Account: 519 963 647
- Credit Card / EFTPOS available on the day

Please provide remittance

RSVP

By Wednesday 1 October 2014. Please register via our website (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, Wednesday 1 October 2014.

Places are limited so please register early to avoid missing out



**Buy 5 tickets and get your 6th ticket FREE*.
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* This offer is only redeemable by contacting ACT Group office on (03) 9415 6066 & tickets must be purchased on the same occasion in one transaction. See website for full terms and conditions



A comprehensive **Resource Store** that contains text and activity based resources will be available at training events and [online here >](#)

Complete this form for manual registration

Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

Seminar Enquiries and Registrations to:

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