

# MAKING ART, BUILDING RELATIONSHIPS



australian  
childhood  
trauma  
group

Speaker: Mary Utter

23 May 2012

SKILL BITE



FULL DAY

**Date**  
23/05/2012

**Time**  
Registration: 9.30am  
Skill Bite: 10am - 4pm

**Location**  
Edgar Lynch Training & Meeting Rooms  
3 St David Street, Fitzroy, Australia 3065

**Cost**  
Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

Many care-giving professionals can see the benefits of, and the natural way that, children and young people use visual arts to express themselves. However many adults feel unsure how to use art materials, art directives or how to communicate about the art work created by children and young people. This skill bite is the opportunity to explore a wide variety of art materials and directives / themes in a supported learning environment with a trained Art Therapist. Participants will gain a basic understanding of Art Therapy and explore ways to bring creative art making into the lives of children and young people in their care. No artistic skills required, and all art materials will be provided.

## Skill Bite Objectives:

- To develop a list of creative art activities that can be completed with children / young people in the home / office
- To experience a variety of creative art activities
- To develop an understanding of art therapy principles
- To build confidence in using creative art activities with children / young people
- To be familiar with a variety of art materials and create a basic "art pack" for use in the home or office

## Suitable Audience:

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers

**REGISTER**  
**NOW**  
**click here**



Mary Utter has a Bachelor of Arts in Fine Arts from University of New Mexico, USA and a Masters of Arts in Art Therapy from Marylhurst University, USA. Mary is a registered Art Therapist in Australia and New Zealand (AThR) as well as in the USA (ATR). Mary has a broad range of experience working in Australia, USA and Samoa in a wide variety of environments and populations including: children and young people in foster/ residential care, family conflict, survivors of family violence, alternative schools, as well as adults post drug and alcohol treatment. Mary runs a private practice in Art Therapy working with individuals, families and groups called Artistic Expressions.

## ENQUIRIES

e [info@theactgroup.com.au](mailto:info@theactgroup.com.au) t 9415 6066 m 0419 853 888



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**9.30am**  
Registration

**10am - 4pm**  
Skill Bite

**VENUE**  
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Training & Meeting Rooms  
3 St David Street  
Fitzroy 3065

**COST**  
Workers: \$195+GST  
Carers / Full-time Students:  
\$180+GST

Refreshments, morning tea,  
lunch & notes provided

**PAYMENT OPTIONS**

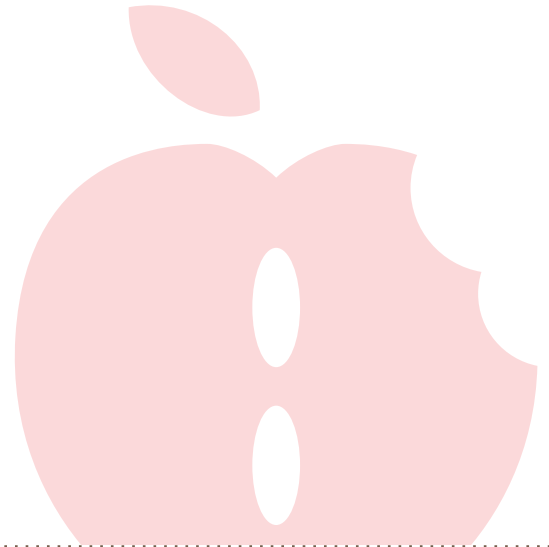
- Cheques/Money Orders made payable to "Australian Childhood Trauma Group"
- Electronic direct deposit to: "Australian Childhood Trauma Group"  
BSB: 083 218 Account: 519 963 647
- Credit Card/ EFTPOS available on the day

**Please provide remittance**

**RSVP**

By 16 May 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 16 May 2012.

**Places are limited so please book early to avoid missing out!**



**Print this form for manual registration**

Agency:  Program:

Contact Person:  Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Participants will receive a letter of confirmation via email upon receipt of payment
- Please advise of any special requirements e.g dietary
- Receipts can be provided upon request

**Seminar Enquiries and Registrations to:**  
info@theactgroup.com.au  
PO Box 236, Fitzroy 3065  
t 9415 6066 f 9415 6085 m 0419 853 888



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