

# MAD, BAD OR SAD? Foundation Training



## . Start

**Speaker: Gregory Nicolau**

**1 February 2012**

**SEMINAR**



**FULL DAY**



**australian  
childhood  
trauma  
group**



**Date**  
01/02/2012

**Time**  
Registration: 9.30am  
Seminar: 10am - 4pm

**Location**  
Edgar Lynch Training & Meeting Rooms  
3 St David Street, Fitzroy, Australia 3065

**Cost**  
Workers: \$195+GST  
Carers / Full-time Students: \$180+GST

**It's conclusive – trauma caused by abuse 'changes the brain' in ways that impact a child's ability to be the 'boss of their feelings' or to form strong and enduring relationships.**

### **Seminar Objectives:**

- To understand the impact of trauma on our psychological, physiological and spiritual being
- To develop an ability to read the 'signs' of trauma
- To reflect on the ways in which healthy attachments are impacted by trauma
- To explore what to do and when to do it or develop strategies to ease the impact of trauma
- To reflect upon approaches to healthier attachments
- To learn about 'self care' when in the presence of a child's expressed or repressed distress

### **Suitable Audience:**

- Carers & workers from foster, permanent, residential, adoptive & kinship care
- Family service workers
- Child protection workers
- Case managers
- Youth Justice
- Teachers / teacher's aide
- Student welfare / wellbeing professionals

**REGISTER  
NOW**  
[click here](#)



Gregory Nicolau is the company Director and Consultant Psychologist of Australian Childhood Trauma Group. He has a 30 year career working with the most marginalised and vulnerable children, young people and families in our community and the agencies, organisations and education facilities who support them. He has an exceptional reputation dealing with complex cases and situations in a compassionate and focused manner. He's transparent in dealing with staff and organisations and able to challenge when appropriate. He enjoys supporting people to deliver the best outcomes for infants, children and young people and is an experienced trainer, facilitator and case supervisor. Gregory is also founder and chair of Random Acts of Kindness.

### **ENQUIRIES**

e [info@start.org.au](mailto:info@start.org.au) t 9415 6466 m 0419 853 888

**edgar  
lynch** TRAINING  
& MEETING  
ROOMS



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Refreshments, morning tea,  
lunch & notes provided.

**PAYMENT OPTIONS**

- Cheques/Money Orders made payable to "START"
- Electronic direct deposit to: "START"  
BSB: 083 170 Account: 164 265 208
- Eftpos/Cash on the day.

**Please provide remittance**

**RSVP**

By 25 January 2012. Please send the required information in an email (preferred) or complete registration form and post/fax. Cancellations must be received no later than 5pm, 25 January 2012.

**Places are limited so please book early to avoid missing out!**



Agency:

Program:

Contact Person:

Contact Number:

Email:

Mailing Address:

(Please provide billing contact details if different from agency details provided above)

Name & Email Address of Each Participant:

PARTICIPANT NAME	EMAIL ADDRESS	CARER / WORKER

- Please notify us if you have any special dietary requirements.
- Receipts will be provided upon request.
- Participants will receive a letter of confirmation via email with a map and venue parking details.
- To give carers and workers in the Out of Home Care sector wider access to START training, a series of training DVD's are being developed that will be available through START's website. For this reason, we wish to notify you that this training seminar may be filmed for this purpose.

**Seminar Enquiries and Registrations to:**  
info@start.org.au  
PO Box 236, Fitzroy 3065  
t 9415 6466 f 9415 6085 m 0419 853 888

